



Tips to keep you airborne!



Quiz time!
February 2022

Can you guess what the earrings in the picture below are made from?

Look closely...



If I said that these earrings started out life in another lane, an espresso one at that, would it give you a clue?

Can you see that they're used coffee capsules?

A talented artist has managed to cleverly craft jewellery by twisting, hammering, bashing and flattening a product that's no longer fit for purpose.

Looking at the earrings got me thinking about resilience.

Picture yourself proudly rolling off a production line, a colourful, shapely capsule, full of 'beans', feeling invincible and ready to hang out with other pods in a box...ready to go on a prescribed adventure, when suddenly you get pulled out, dropped into a machine, pierced, heat frazzled and left for dead.

What just happened?

Life threw you a major, unexpected curved ball.



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Little do you know in this moment that like the earrings, you too can be reshaped, repurposed, regrooved and regrown.

You too can go on to lead an extraordinary life if you dare to improvise, adapt and overcome.

Not saying it'll be easy but you can always reach out for help along the way.

Till next time, here's to reaching out...

Caroline

PPS - Whenever you're ready, work with me directly to see how you, and/or your team can benefit from diving deep into all things AIRBORNE, including learning how to cope with life's curved balls.

Email me with "yes, more information please".

Spread the word...



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