



Tips to keep you airborne!



A chip off the old block
January 2022

January 2022 is about to wrap up and as such, I'm wondering how much thought you've given to incubating and hatching plans, goals, decisions etc. for the year ahead and beyond.

Have you been thinking of things that you desire...that you wish for...that you dream of creating perhaps?

It might be a promotion at work, a calmer disposition, less stress in your life, a healthier body, a better ability to cope with Covid-19, a good night's sleep; you get the drift...the possibilities are endless here.

Here's an idea to guide you on your way...

First picture yourself as a sculptor, a Michelangelo if you will, wanting to create a masterwork out of a massive chunk of marble.

Next, consider what Michelangelo didn't do when creating his magnificent sculpture of the biblical hero David.



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He didn't fashion his intricately detailed work of all the body parts in separate pieces and then assemble them together at the end.

Instead, he chipped away at the marble block as a whole and created his masterpiece by removing stone, bit by bit, never once adding to it.

His genius pivoted on his revealing what was possible inside the block.

Now imagine that your current life is represented by a large slab of splendid stone and that your plan, goal, desire etc. is the untapped possibility that lies within.

What parts of your current life situation will you need to remove to bring that desire into full realization?

Without having to add anything, what can you keep chipping away at to reveal the masterpiece within?

Just something to ponder before you close out the month.

Till we next catch up in February, happy chipping!

Caroline

PS - Whenever you're ready, work with me directly to see how you, and/or your team can benefit from diving deep into all things AIRBORNE, including realizing your goals and potential.

Email me with "yes, more information please".

Spread the word...



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