



Tips to keep you airborne!



Time on our side
February 2020

I've left this post till the end of February.

Why?

Because we're fast approaching its end and I want to draw your attention to the fact that we appear to magically have an extra day up our sleeve. Well, that's how it appears in my mind (without focusing on the minutiae of calendar years synchronizing with solar years, that is).

A whole extra day that's yours for the taking and making, thrown in for free once every 4 years. What a thought.

So, here's a question...

Have you given it any thought?



If you were magically given 86,400 extra seconds to go and spend on something wonderful, what would you do? How would you have it? How would you be? Keep in mind that according to the great Seth Godin...if we wasted money the way we wasted time...we'd all be bankrupt.

In a recent blog, Godin refers to how when we bought our first smartphone, we wouldn't have known that we'd spend 1,000 hours looking at it.



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And of course, with an upgrade a couple of years on with the potential to spend considerably more hours looking at it, would we have given any thought to how we'd spent our 'free' time the year before?

Probably not.

But let's not get carried away. Let's get back to those extra seconds.

Take a moment to think about how you might use them mindfully, not wastefully.

Take a moment to think about how you might use them to ignite potential, passion, purpose, peace. These are just prompts. The list personal and open to possibility, so play with it like plasticine...and pardon all the p's.

Scribble down those ideas as they roll and notice what comes up.

Now, see how you can weave some of this magic (no matter how miniscule) into your day this coming Saturday because it's been given to you for free, remember?

Till next month, here's to leaping over peaks of possibility with time on your side

Caroline

PS - Whenever you're ready, work with me directly to see how you, and/or your team can stay AIRBORNE.

Just send me an email with "yes, more information please".

Spread the word...



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