

November Newsletter 2014 - The People of the Waterfall – A folklore Tale

"There was once a village of people who lived at the base of a large waterfall by a lovely river. Life was good until one day a stranger was washed over the falls and plummeted to the rocky cauldron of foaming water beneath it.

The people were alarmed and immediately sent two of their best swimmers out to rescue the person. With much effort, the person was dragged ashore and the people succeeded in reviving him.

Before long, another stranger was washed over the falls and again a rescue team was sent into the dangerous waters. As they worked on reviving the person they decided to station a rescue boat and a lifeline by the base of the falls.

As time passed, strangers continued to be washed over the waterfall and rescue efforts increased. Soon a small building was erected with emergency supplies and designated people were constantly on call for more rescues.

The number of strangers being washed over the fall continued to increase. Soon people constructed a small hospital at the base of the falls and built a fine rescue boat with full-time emergency rescue workers to staff it.

The people were perplexed but continued to respond to the demands of the victims of the waterfall. They built an even bigger hospital and started to build a whole fleet of rescue boats, when, at long last, someone asked...*why don't we go upstream and see why these people are falling in?*"

I'm sure the question may have seemed obvious to you, but isn't it interesting that when we apply that simple tale to our own lives, it's not always self-evident?

So for this month, here are 3 things for you to consider:

1. What turbulent rocky cauldrons do you tend to fall into and how often?
2. What band aid solutions do you keep reaching for and to what effect?
3. What's it going to take for you to head upstream to figure out the real reasons why?

Ponder, ponder, ponder....

Of course when you get there, make sure you take steps to do something about it. This bit may prove tricky but with the right attitude and persistence, it will surely pay off.

What have you got to lose...apart from some bandaids that are going to peel off anyway?

Till next month, happy hunting and enjoy the climb

Caroline